NARA Webinar: Stepping Stones to Caring for Our Children

Prepared by:
Danette Glassy, MD, FAAP
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Stepping Stones to Caring for Our Children

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About NARA

• The National Association for Regulatory Administration (NARA) is an international professional organization dedicated to promoting excellence in human care regulation and licensing through leadership, education, collaboration, and services.

• NARA represents all human care licensing, including adult residential and assisted living, adult day care, child care, child welfare and program licensing for services related to mental illness, developmental disabilities and abuse of drugs or alcohol.

• We are human service regulatory professionals, human service providers, university faculty, independent researchers and consultants, allied professions from health, safety and legal disciplines, consumers and all others who share our vision: Consumer Protection Through Prevention.

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• NARA members have access to our online, searchable Membership Directory, the NARA Newsletter and our members-only policy webinars. They also enjoy reduced rates on all NARA products, services and registrations, including NARA’s monthly webinars, and the Annual Licensing Seminar.

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Stepping Stones to Caring for Our Children

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Presentation in partnership with
American Academy of Pediatrics:
Healthy Child Care America/Child Care & Health Partnership
National Resource Center for Health and Safety in Child Care and Early Education

Healthy Child Care America/Child Care & Health Partnership
Provides technical assistance:
• Head Start and Early Head Start programs
• Child care caregivers/teachers
• Early educators
• Families/parents/guardians
• Health professionals
• Early childhood comprehensive systems
• State child care regulatory agencies
• State and local health departments
• Policy makers
Learning Outcomes

Participants will be able to:
1. Describe the purpose and general content of the new *Stepping Stones to Caring for Our Children, 3rd Edition* tool.
2. Summarize the importance of this tool.
3. Explain how Stepping Stones can be used as a risk assessment tool.

Scope of Health and Safety in Child Care

Health and safety topics in early education and child care to prevent harm & promote health:
- Injuries (minor to serious, physical and social-emotional)
- Infectious diseases
- Healthful habits
- Policies and practices
- Care plans for children with chronic health conditions

Caring for Our Children, 3rd Edition

National Health and Safety Performance Standards for Early Care and Education Programs

- 3rd Edition revision completed and published in June 2011
- 4-year revision process
- 10 Technical Panels - 85 panel members - Content Experts from AAP, APHA, and subject specialists

http://nrckids.org/CFOC3
Caring for Our Children, 3rd Ed.

Contents:
Chapter 1: Staffing
Chapter 2: Program Activities for Healthy Development
Chapter 3: Health Promotion and Protection
Chapter 4: Nutrition and Food Service
Chapter 5: Facilities, Supplies, Equipment & Environmental Health
Chapter 6: Play Areas/Playgrounds & Transportation
Chapter 7: Infectious Disease
Chapter 8: Children With Special Health Care Needs & Disabilities
Chapter 9: Administration
Chapter 10: Licensing & Community Action

Caring for Our Children, 3rd Ed. (CFOC3), Group 1: Partners
American Academy of Pediatrics (AAP)
American Public Health Association (APHA)
National Resource Center for Health and Safety in Child Care And Early Education (NRC)
Maternal and Child Health Bureau (MCHB)

Caring for Our Children, 3rd Ed., Group 2: Steering Committee
- Strategizes, directs, answers questions, reviews, and approves
- Composed of Representatives from Partners:
  - AAP: Danette S. Glassy, MD, FAAP, Co-Chair
  - APHA: Brian Johnston, MD, FAAP, Co-Chair
  - Jonathan Kotch, MD, FAAP, Co-Chair (during revision)
  - MCHB: Barbara U. Hamilton, MA, Project Officer
  - NRC: Marilyn J. Krajicek, EdD, RN, FAAN
Caring for Our Children, 3rd Ed.,
Group 3: Technical Panels
• Researches, writes, and reviews content of standards
• 10 panels with more than 80 technical experts
  • Child Abuse
  • Child Development
  • Children with Special Health Care Needs
  • Environmental Quality
  • General Health
  • Infectious Diseases
  • Injury Prevention
  • Organization and Administration
  • Nutrition
  • Staff Health

Caring for Our Children, 3rd Ed.,
Group 4: Stakeholders
• Review standards and give comments/suggestions to Technical Panels
• More than 180 individuals and organizations including:
  – Parents/Guardians
  – Caregivers/Teachers
  – Health Care Providers
  – Public Health Officials
  – State and Federal Agencies
  – National Organizations

Caring for Our Children, 3rd Ed.
Development/Revision Process:
– Technical panels reviewed existing standards in 2nd Ed. and created new standards
– 185 Stakeholders gave feedback
– Technical Panels reviewed Stakeholder feedback and recommendations
– Partner Organization Steering Committee and Boards gave final approval
What is Stepping Stones?

The subset (138) of CFOC3 standards that, when put into practice, are most likely to prevent serious adverse outcomes in child care and early education settings.

- Prevent immediate harm/injury to children.
- Prevent long-term harm due to cumulative effects of repeated failure to follow best practices for health and safety.

SS3 supports efforts to achieve improved health and safety in out-of-home settings.

SS3 Development Process

- Methodology Committee advised NRC on methodology
- 61 technical panels members rated CFOC3 standards from 2nd Ed. and new CFOC3 standards
- More than 70 Stakeholders reviewed: Providers, Educators, Researchers, Regulators, and Health Consultants
- Methodology Committee and NRC Staff reviewed and revised
- Partner Organizations and Steering Committee gave final approval
Who is the audience for Stepping Stones?

- State child care licensing and regulatory agencies
- Early education and child care programs
- Parents
- Health care professionals and organizations
- Resource and referral agencies
- Early care and education advocacy groups

Examples of CFOC3 Standards in Stepping Stones

Chapter 1 – Staffing
1.1.1.1 Ratios for Small Family Child Care Homes
1.1.1.2 Ratios for Large Family Child Care Homes and Centers
1.1.1.3 Ratios for Facilities Serving Children with Special Health Care Needs and Disabilities
1.1.1.4 Ratios and Supervision During Transportation
1.1.1.5 Ratios and Supervision for Swimming, Wading, and Water Play

Examples: Immediate Risk/Harm

- 2.2.0.4: Supervision Near Bodies of Water
- 3.1.4.1: Safe Sleep Practices and SIDS/Suffocation Risk Reduction
- 3.4.6.1: Strangulation Hazards
- 3.6.3.2: Labeling, Storage, and Disposal of Medications
- 4.2.0.8: Feeding Plans and Dietary Modifications*
- 4.5.0.10: Foods That Are Choking Hazards
- 5.5.0.7: Storage of Plastic Bags
- 6.4.1.5: Balloons

*SS3 Standards related to caring for children with special health care needs and disabilities
Examples: Cumulative Risk/Harm

- 1.3.2.2: Qualifications of Lead Teachers and Teachers*
- 1.6.0.1: Child Care Health Consultants
- 2.1.1.4: Monitoring Children's Development/Obtaining Consent for Screening
- 2.2.0.6: Discipline Measures
- 3.1.3.1: Active Opportunities for Physical Play
- 3.1.5.1: Routine Oral Hygiene Activities
- 4.2.0.3: Use of USDA – CACFP Guidelines
- 5.2.1.1: Fresh Air

*SS3 Standards related to caring for children with special health care needs and disabilities

Examples: Policies That Support Practice

- Standard 1.4.1.1: Pre-service Training
- Standard 9.2.3.2 Content and Development of the Plan for Care of Children and Staff Who Are Ill
- Standard 9.2.3.12 Infant Feeding Policy
- Standard 9.2.4.1: Written Plan and Training for Handling Urgent Medical Care or Threatening Incidents
- Standard 9.2.4.3: Disaster Planning, Training, and Communication
- Standard 9.2.4.5: Emergency and Evacuation Drills/Exercises Policy
- Standard 9.4.1.10: Documentation of Parent/Guardian Notification of Injury, Illness, or Death in Program
- Standard 9.4.2.6: Contents of Medication Record

New Compliance/Comparison Checklist
Suggestions for Use of the Compliance/Comparison Checklist:

By licensing staff who want to compare Stepping Stones standards to the subject areas covered in their state regulations and determine where there are gaps and where regulations should be added.

Example of Addressing Disparities in Licensing Standards and Best Practice (from the 2nd Edition)

Suggestions for Use of the Compliance/Comparison Checklist:

By caregivers, teachers, and directors who want to be sure they are complying with those standards that have the most potential to prevent harm to children in their settings.
Suggestions for Use of the Compliance/Comparison Checklist:

By families who want to be sure their child’s early care and education program is complying with these important standards.

Example of Parent Use

Parent has observed the checked items, but, needs to speak with the Director about the items marked “Ask.”

Suggestions for Use of the Compliance/Comparison Checklist:

By child care health consultants and trainers to assess the training needs of a child care program.
Stepping Stones to Caring for our Children is available to download at http://nrckids.org/index.cfm/products/stepping-stones-to-caring-for-our-children-3rd-edition-ss3/

Not available for purchase.

Contact Information
National Resource Center for Health and Safety in Child Care and Early Education:

Web site: http://nrckids.org
Telephone: 1-800-598-5437
Email: info@nrckids.org
Facebook: NRCKids

Contact Information
Healthy Child Care America, Child Care & Health Partnership:

Web site: www.healthychildcare.org
Telephone: 888-227-5409
Email: childcare@aap.org
Facebook: AAP Early Education and Child Care
THANK YOU!

- Now Available: Preventing and Managing Infectious Diseases in Early Education and Child Care Online Learning Module
- Now Available: Medication Administration in Early Education and Child Care Online Learning Module Available in English and Spanish

http://www.healthychildcare.org/HealthyFutures.html

NARA is always looking for new topics for the webinar series. If you have a speaker to recommend or a presentation that you'd like to share, please contact NARA at jodiemarkey@naralicensing.org

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